

Circle best answer and fax back to (918) 266-1657.

- 1) When taking an impression for a single digit toe filler, the patient's posterior foot should be placed:
 - a. 1 to 1 ½ inches from the back of the impression foam box
 - b. 2 to 2 ½ inches from the back of the impression foam box
 - c. ½ to 1 inch from the back of the impression foam box
 - d. Touching the back of the impression foam box
- 2) This placement (from question #1) is necessary to allow for:
 - a. Extension of the forefoot in the impression foam
 - b. Extension of the Rearfoot in the impression foam
 - c. Width expansion at the forefoot in the impression foam
 - d. Width expansion at the Rearfoot in the impression foam
- 3) The ideal template to be used to modify the impression foam is:
 - a. The soles of the shoes to which the toe filler is being sized
 - b. The inlay from the shoes to which the toe filler is being sized
 - c. Any stock insert from your vendor of choice
 - d. A paper outline of the patient's foot
- 4) Once the template is in position, it should be:
 - a. Pressed down as deeply as possible
 - b. Pressed down only in the Rearfoot
 - c. Pressed down half the depth of the rest of the impression
 - d. Pressed down 1/16" in the distal end
- 5) When modifying the impression foam for a single digit toe filler, the foam is pressed out distally in front of the:
 - a. Metatarsal heads
 - b. Sound digits
 - c. Missing digit
 - d. Medial Longitudinal Arch
- 6) When modifying the area in front of the missing digit:
 - a. The foam is pressed out to the same level as the rest of the impression
 - b. The foam is pressed out to half the level as the rest of the impression
 - c. The foam is pressed out to a quarter the level as the rest of the impression
 - d. The foam is not pressed out
- 7) A sharp edge is depressed in the distal end of the foam to:
 - a. Establish trim lines
 - b. Mask any blemishes in the foam

- c. Determine the future placement of a metatarsal pad
 - d. Increase arch support
- 8) Soaking the tongue depressors in water for ten minutes prior to placing them in the mold:
- a. Makes them flexible so they follow the curves of the mold
 - b. Makes the plaster set faster
 - c. Allows for expansion of the wood to avoid cracking the mold
 - d. Makes the plaster set slower, allowing longer time to work
- 9) When pouring a single digit toe filler mold, the plaster should be the consistency of:
- a. Water
 - b. Heavy cream
 - c. A thick milk shake
 - d. Mayonnaise
- 10) The proximal end of the tongue depressor should be placed in the wet plaster mold:
- a. At the 1st Metatarsal head
 - b. At the apex of the Calcaneous
 - c. On the lateral side of the heel
 - d. At the 5th Metatarsal head
- 11) After removing the positive from the impression foam, it is brushed off in order to:
- a. Give the mold striations as a grid for the modifications
 - b. Smooth the plaster
 - c. Remove all foam so the modifications will stick
 - d. Expose the 1st and 5th Metatarsal heads
- 12) To establish placement of the arch fill on the single digit toe filler, a line should be drawn:
- a. Proximal to the metatarsal heads
 - b. Distal to the metatarsal heads
 - c. At the apex of the calcaneous
 - d. Distal to the missing digit
- 13) Adding too much build up material to the area of the missing digit will result in:
- a. Failure to achieve total contact
 - b. Shear in the shoe
 - c. Metatarsus Abductus
 - d. Additional grinding
- 14) Adding too little build up material to the area of the missing digit will result in:
- a. Failure to achieve total contact
 - b. Shear in the shoe

- c. Metatarsus Abductus
 - d. Additional grinding
- 15) The first step in grinding the single digit toe filler is to lightly grind the build up material:
- a. Flat on the dorsal side
 - b. Perpendicular to the plantar surface
 - c. To the same level as the rest of the plantar surface
 - d. To form a hollow on the plantar surface
- 16) Once the entire plantar surface is flat, trim lines are established by using:
- a. A Goniometer
 - b. A ruler
 - c. A level plane
 - d. The inlay of the shoe to which the toe filler will be fit
- 17) Both the lateral and medial trim lines for the single digit toe filler should end:
- a. At the medial edge of the filler
 - b. At the lateral edge of the filler
 - c. At the lowest part of the filler
 - d. At the highest part of the filler
- 18) To ensure better fit in the shoe, the borders of the toe filler are:
- a. Ground flat
 - b. Undercut at a 5 degree angle
 - c. Undercut at a 15 degree angle
 - d. Undercut at a 25 degree angle
- 19) To fit the profile of the shoe, the single digit filler is first ground _____, then ground _____:
- a. Laterally, Posteriorly
 - b. Laterally, Anteriorly
 - c. Medially, Posteriorly
 - d. Medially, Anteriorly
- 20) The length of the Trilaminare material used to fabricate a multi digit toe filler is:
- a. The length of the inlay of the shoe to which the toe filler is to be fit PLUS two inches
 - b. The length of the inlay of the shoe to which the toe filler is to be fit MINUS two inches
 - c. The length of the inlay of the shoe to which the toe filler is to be fit
 - d. The length of the mold