

Lower Extremity Pathologies Lab Assignment

Objectives: Complete several standard tests on the foot and ankle

Materials required:

1. Foot Pathology Assessment Form
2. Foot Block or ½" tall hard cover book
3. Tape Measure
4. Bubble Level

Assignment:

- Perform patient intake
- Perform PTTD Assessment – Palpation and record findings
- Perform Hallux Hyperextension Test and record findings
- Perform Lateral Block Test and record findings
- Perform Hip Anteversion and Retroversion test and record findings
- Perform Tibial torsion test and record findings
- Perform Metatarsus adductus test and record findings
- Perform PTTD Assessment – Single Heel Rise test and record findings
- Perform First metatarsal rise test and record findings
- Perform Pelvic Obliquity and Limb Length Discrepancy test and record findings
- Measure Segment Length and record findings
- Measure for Apparent and True Limb Length and record findings
- Email or fax form to the instructor at alliedhealthed@sbcglobal.net (888) 457-8382